

**Health Career Connection
Internship Case Study**

Please contact jjain@healthcareers.org if you have any questions.

About You	
1. Name	Natalia M. Martinez
2. College	Boston College
3. Year in School	Senior – Graduate of May 2005
4. Major	Linguistics, Psychology
5. Career Objective	Speech Pathology

About the Host Organization	
6. Organization Name	Massachusetts General Hospital, Revere Health Center, Chelsea Health Center
7. Department	Speech Pathology
8. City	Boston, MA; Revere, MA; Chelsea, MA

About the Internship	
9. Learning Objectives	<p>Learning about Speech Pathology This involves learning about the different disorders and varieties of patients a speech pathologist encounters.</p> <p>Learning about a Speech Pathologist's Duties This involves learning about the diverse kinds of work a speech pathologist encounters on a daily basis such as reports, evaluations, assessments, treatment plans, insurance policies, collaborations with other fields, etc.</p> <p>Bilingual Focus This involves learning about the cultural aspect of speech pathology. Primarily, dealing with those patients whose primary language is not English and the difficulties it poses on the speech pathologist as well as learning of the services offered for these patients.</p>
10. Major Project Description	<p>Treatment Plan of an Aphasic Patient Involved creating, writing, and carrying out weekly activities designed to enhance the patient's communication skills. This experience helped me learn first hand the process of shaping the treatment of a patient and having to think about the best approach that provides the maximum results, and in the case of a speech pathologist, in a minimum amount of time and money.</p>
11. Minor Project Description	<p>Updating Department Website Involved updating department information on services and clinicians available, providing resources for children and parents, designing format and submitting it to the IT dept for online publication. This experience taught me the importance of clarity and accessibility needed for those seeking services.</p>
12. Typical Day	<p>The workplace environment expected professional attire at all times. On special days, we could have meetings dealing with a particular patient or a particular speech situation that we wanted to learn about further. There was also access to hospital conferences ranging on topics of disease, cultural competent workplaces, and volunteer service trips available to physicians and other hospital employees.</p> <p>This is a typical work day: 9-11 am: Working on the computer on various projects assigned such as: Contact List Resource Info, Translation of Parent Resources, Web Update, or on our Assigned Patient's Treatment Plan. 11 am-12 pm: Assigned Patient's Session</p>

	<p>12-1 pm: Lunch</p> <p>1-3 pm: Patient Observations</p> <p>3-5 pm: Working on the computer doing boards for nonverbal patients, reading reports of patients studying assessments and treatment plans, working on translations</p>
13. Benefits of HCC Workshops	<p>GRADUATE EDUCATION WORKSHOP: Consisted of talking about degree options in the Public Health Field, discussing programs in the East and West Coast followed by a Q&A session.</p> <ul style="list-style-type: none"> - Provided useful information in the current hot areas of health care policy as well as graduate education. <p>MYERS BRIGGS WORKSHOP: Consisted of describing the science behind the Myers-Briggs Personality Assessment and taking a test to determine your typology.</p> <ul style="list-style-type: none"> - Helped define my work ethic and preferences of a work environment by assessing my strengths and weaknesses as a future professional.
14. Internship's Connection to Career/Academic Goals	<ul style="list-style-type: none"> - Exposed me to the field of speech pathology which is not readily accessible to undergraduates. - Provided me with monetary resources to investigate the field of speech pathology for a summer. - Allowed me to take coursework in speech pathology as part of the internship. - Allowed me informational meetings and interviews with professionals in the field of speech pathology as well as possibilities to investigate other fields in the clinical setting.
15. Long-Term Benefits of Experience	<ul style="list-style-type: none"> - Helped shaped my future career plans by exposing me to areas of a field that I could possibly pursue. - Connected me with mentors that I will seek in the future for career/school advice - Amazing work experience
16. Suggestions for Future Intern	<ul style="list-style-type: none"> - Be open to any activity, tour, meeting, or work assigned because not only will you gain experience from them, but they will help you assess your likes and dislikes which in turn could alter your career path. - Seek out your fellow interns because they are in the same boat as you so it is likely that you have many things and common which will make the internship more enjoyable and could possibly the beginnings of future networking options.
17. Comments	